



with  
**STUART DOUGHTY**

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# MINDSET for SUCCESS

HOW TO FOCUS YOUR  
MIND TO  
**ACHIEVE YOUR GOALS**

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SUCCESS is a COMBINATION of

**STRATEGY** and **MINDSET**

20%



80%





whatever the mind  
can **conceive**  
and **believe**  
*it can achieve*

– Napoleon Hill, *Think and Grow Rich*





# *3 Dimensions of Success*

- DESIRE
- DECISION
- DETERMINATION



# DECIDE!





# WHAT SHOWS UP?





*WHERE  
YOU ARE  
GOING*

**GOALS**

**Need to Know to Succeed**

*WHERE  
YOU  
ARE*






A person is seen ziplining over a wide river in a mountainous region. The zipliner is positioned in the upper left quadrant of the frame, suspended from a cable. The river flows through a valley, reflecting the surrounding greenery and rocky terrain. In the foreground, a green metal railing and a chain are visible, suggesting the viewer is on a platform or bridge. The scene is framed by a purple circular border with decorative elements. A purple banner with white text is centered over the image.

# LEAP OF FAITH



# WHAT'S IN THE GAP?

- FEAR
- DOUBT
- WORRY
- LIMITING BELIEFS
- **PARADIGMS**



**THE  
KNOWING  
DOING GAP**

**THINKING**  
• INTO RESULTS



# PARADIGM

is a hidden  
mental  
programme  
that has  
control of  
**habitual  
behaviour**





Our Ability To Earn

**MONEY**

**Perception**

**LOGIC**

**Paradigms Control**

**Productivity**

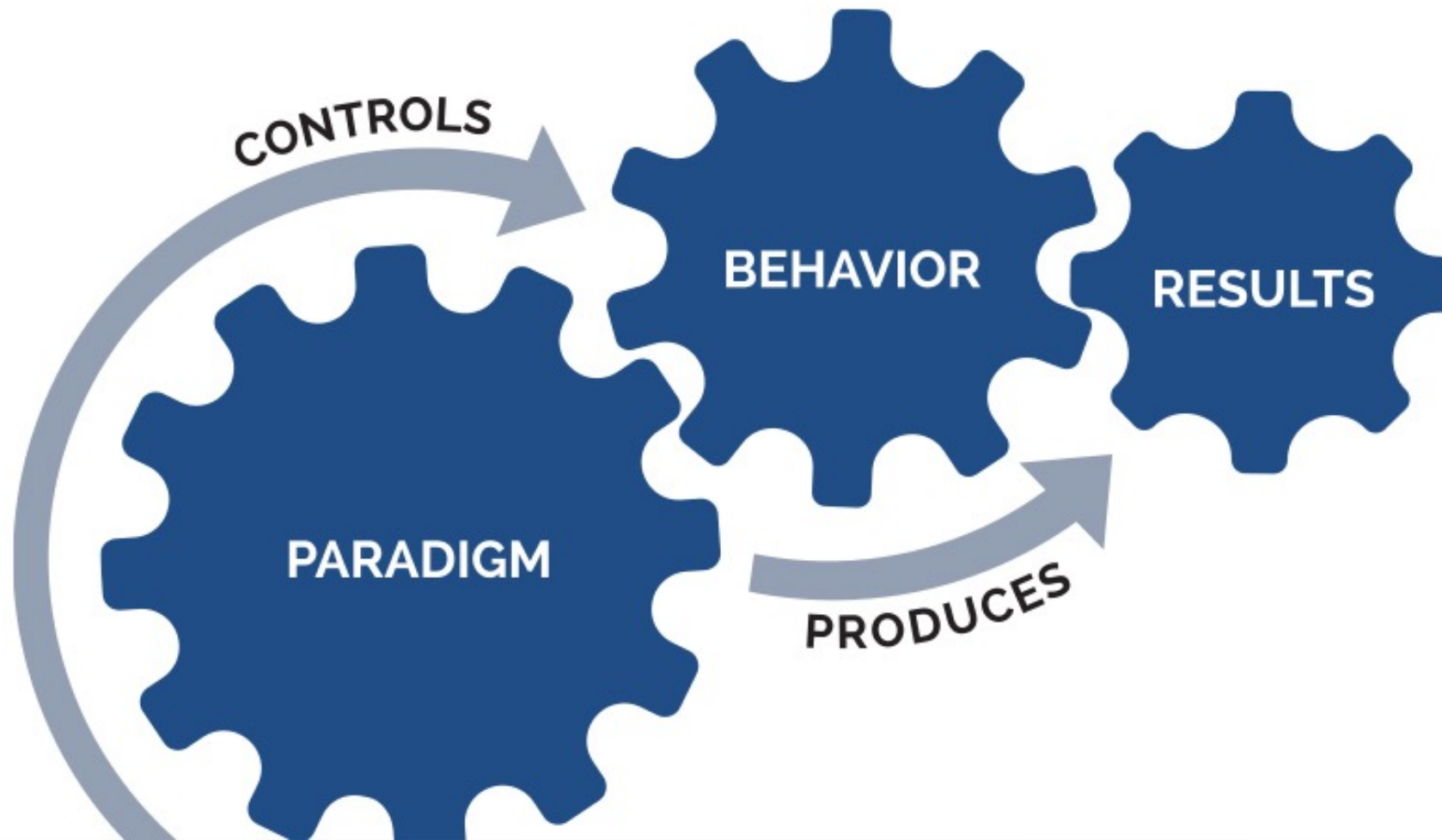
**Creativity  
& Moods**

**TIME**



# THINKING INTO RESULTS

*Results automatically improve when people begin thinking*





NO APP  
FOR YOUR  
GAP



MIND THE GAP



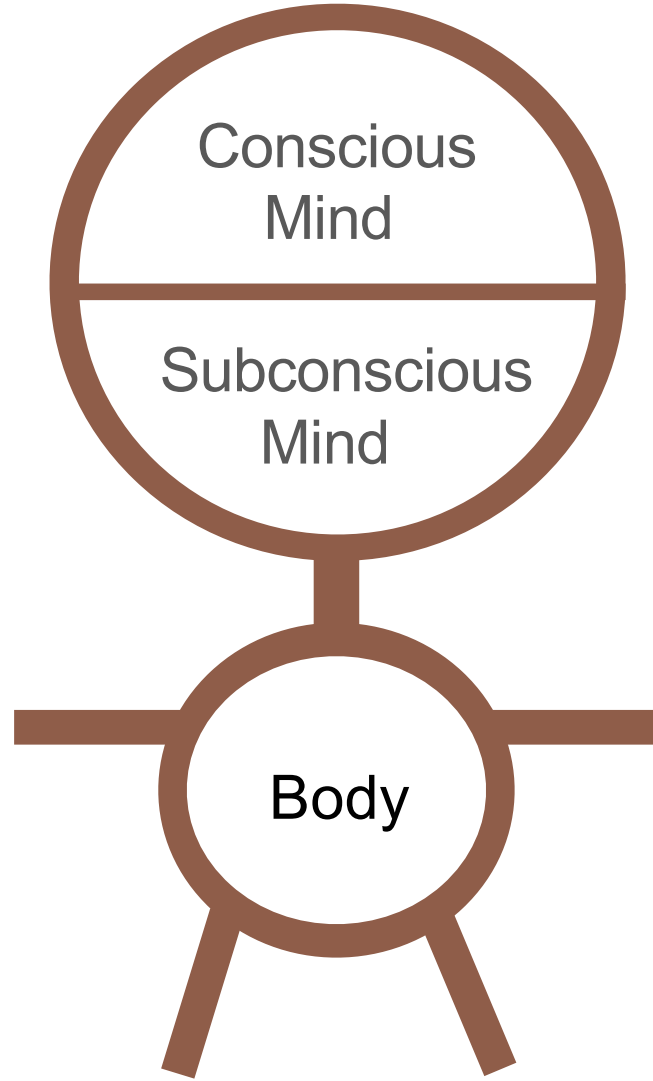
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**It's All About The....**

**MIND**



The  
STICKPERSON



**YOUR  
MIND**



THINKING  
PART OF  
YOUR MIND

Conscious  
Mind

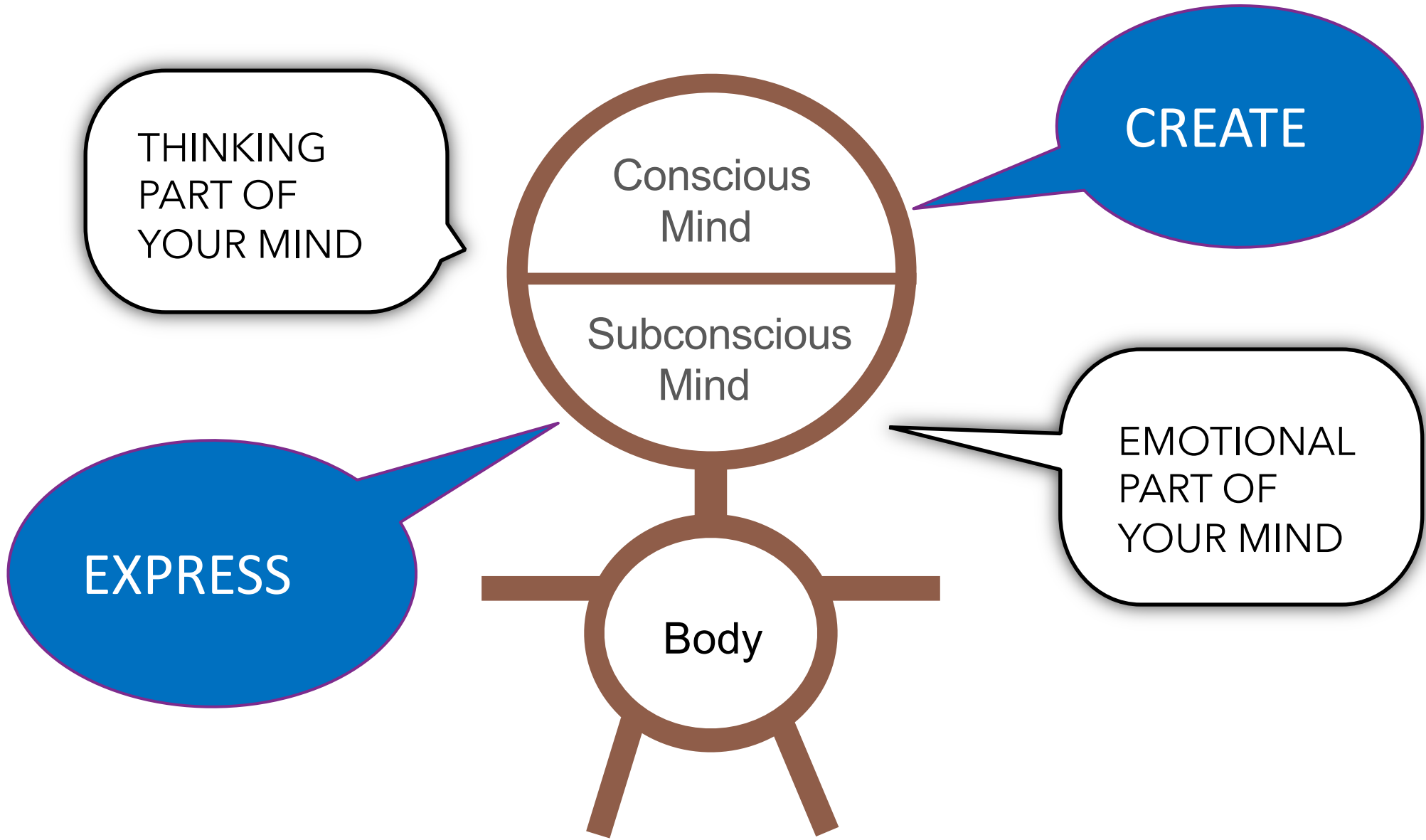
CREATE

Subconscious  
Mind

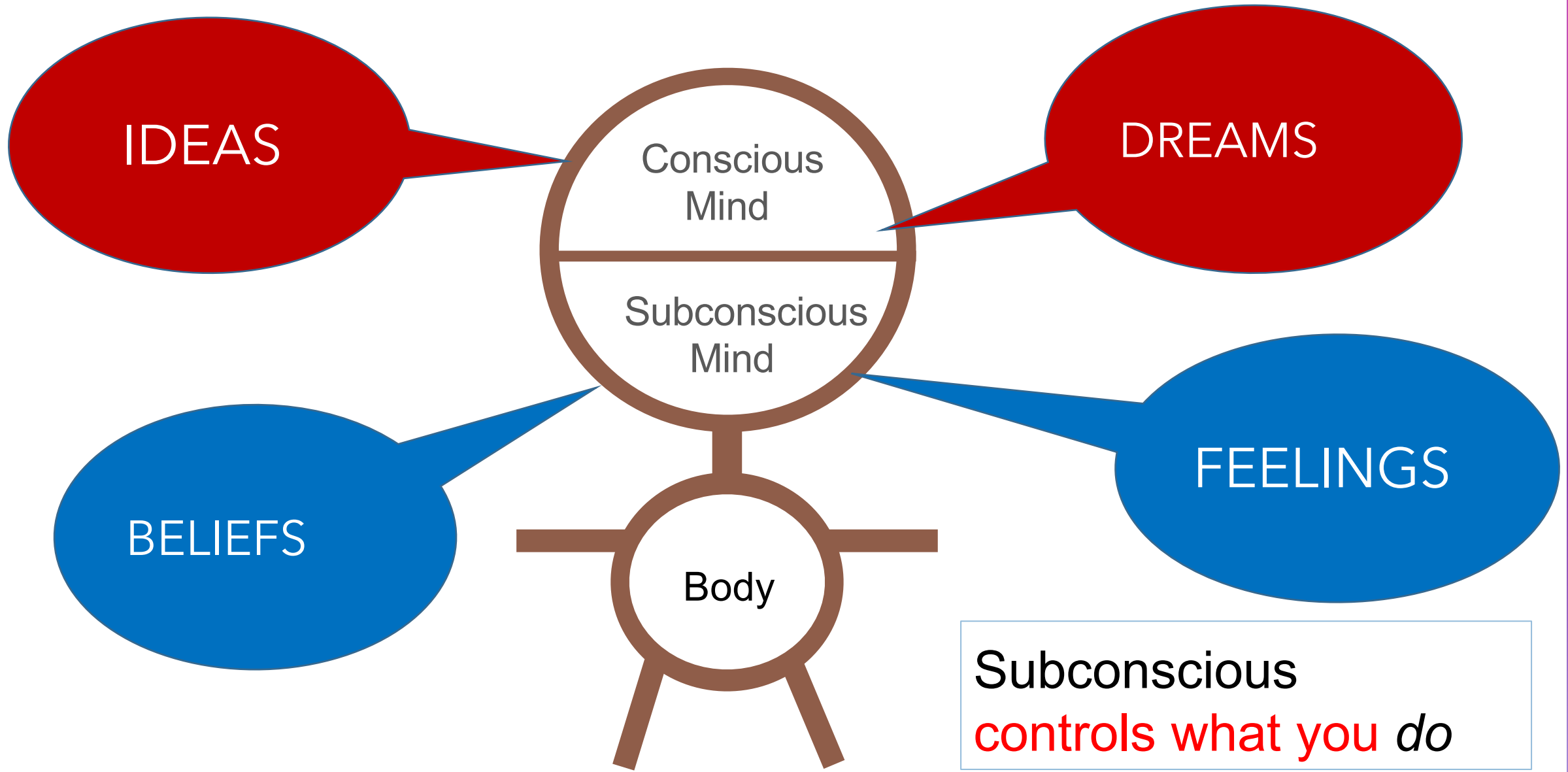
EMOTIONAL  
PART OF  
YOUR MIND

EXPRESS

Body

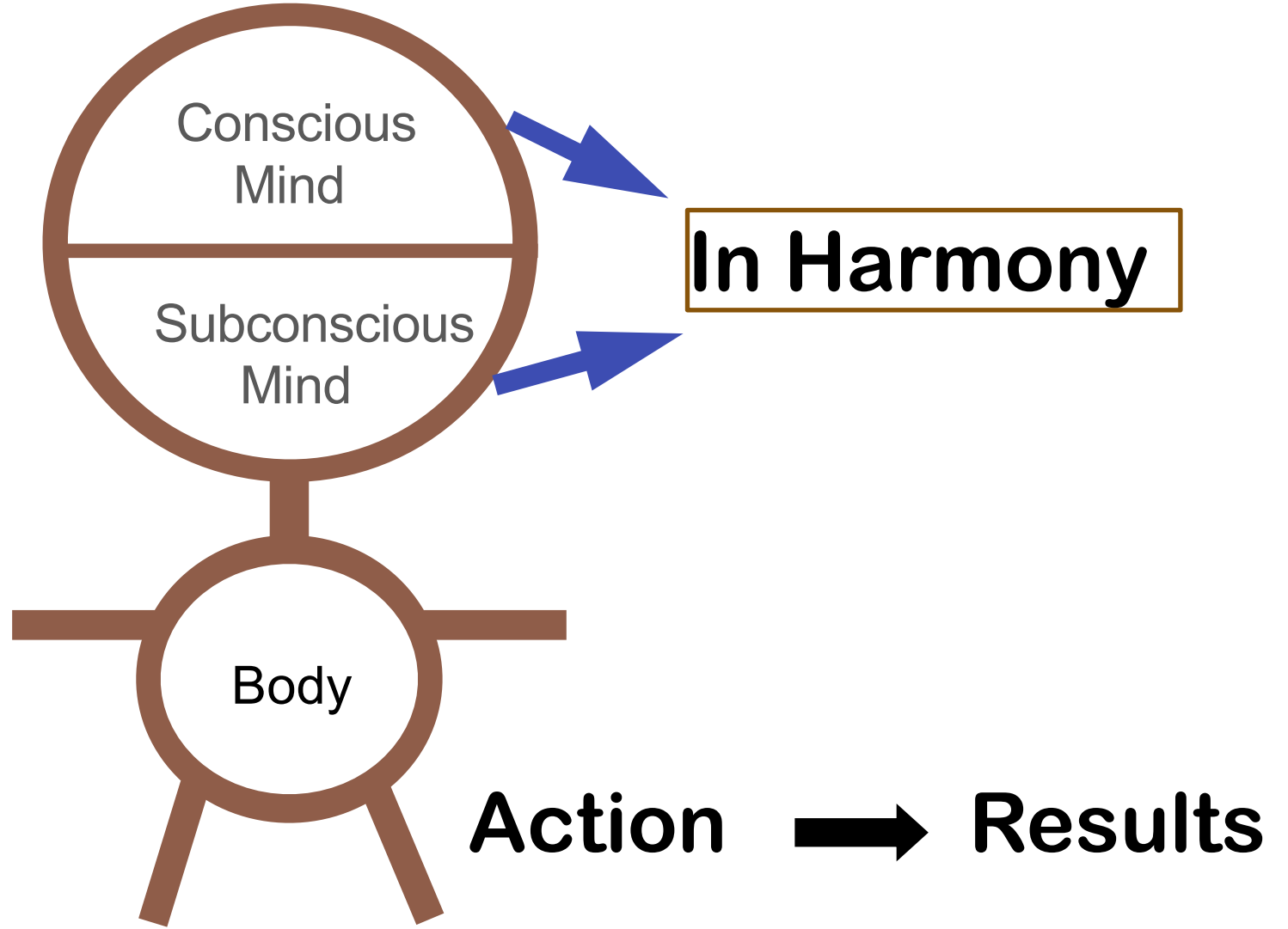








MAKE  
YOUR  
**BELIEFS**  
MATCH  
YOUR  
**DREAMS**





An iceberg floating in the ocean. The tip of the iceberg is above the water line, and the much larger, jagged base is submerged below. The sky is blue with scattered white clouds. The water is a clear, deep blue.

**DREAMS**

Conscious Mind

Subconscious  
Mind

**BELIEFS**

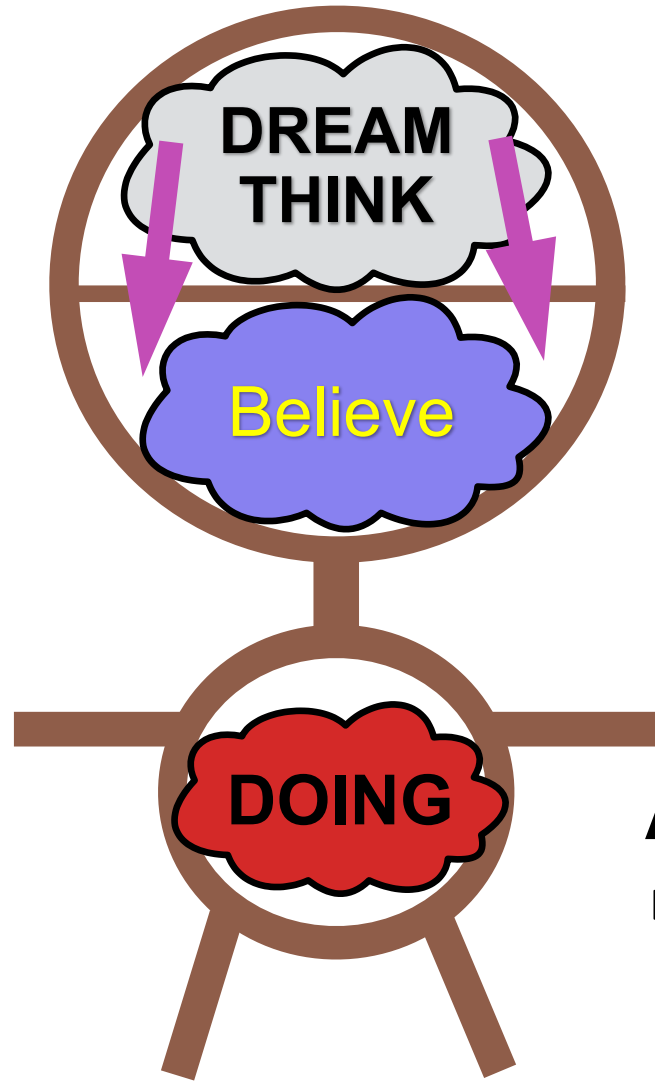
90%



# RESULTS

ARE A DIRECT  
REFLECTION OF  
**YOUR THOUGHTS,  
YOUR BELIEFS,  
YOUR HABITS—  
YOUR MINDSET.**

*Bob Prosen*



**HOW  
YOU  
THINK!**

**ACTION**



**RESULTS**

**REACTION**





**Imagination** is the most marvellous, miraculous, inconceivably powerful force the world has ever known

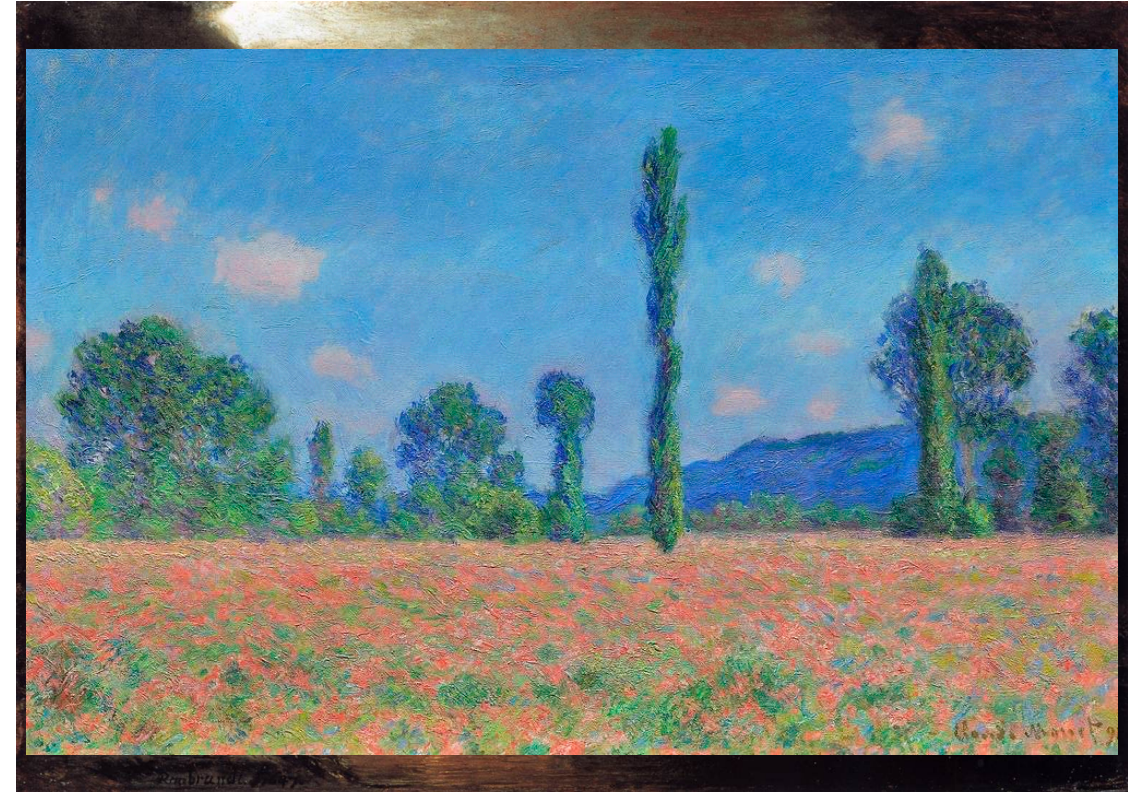
Napoleon Hill

**IMAGINATION**





# CREATE A CLEAR IMAGE OF THE LIFE YOU *WANT* TO LIVE



*PARADIGM SHIFT*



# 4 PHASES OF CREATION

VISUAL



MENTAL

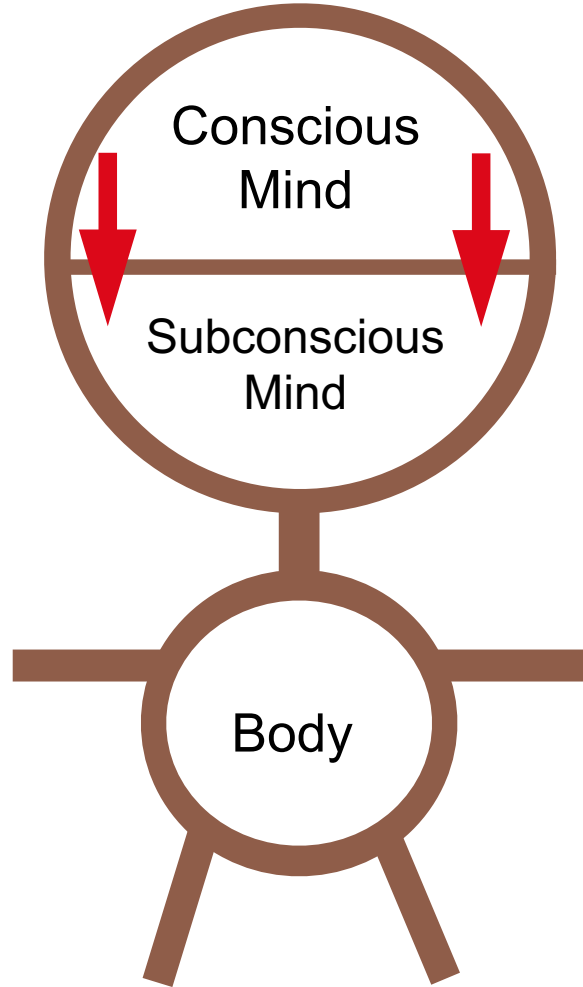


EMOTIONAL

PHYSICAL



# IMAGINE YOUR GOAL



CHOOSE  
THE  
**THOUGHTS**

THAT  
CAUSE  
THE  
**FEELINGS**

THAT MOVE  
YOU INTO  
**ACTION**





# YOUR NEW MINDVIEW

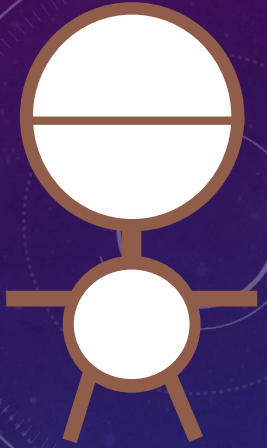
- WHAT WILL YOU **PICTURE**?
- WHAT DO YOU **THINK** ABOUT THAT?
- HOW DOES IT MAKE YOU **FEEL**?
- WHAT WILL YOU **DO** TO MOVE TOWARDS IT?





WHETHER YOU  
THINK ***YOU CAN***, OR  
THINK ***YOU CAN'T***,  
YOU ARE ***RIGHT***

— HENRY FORD





**POSSIBILITY**

**FOCUS ON THE LANDING**

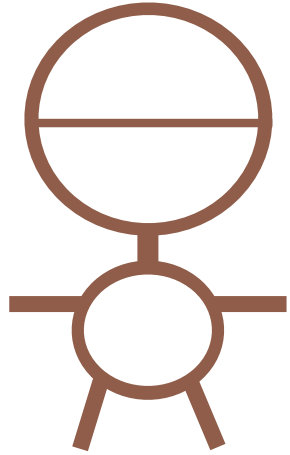
**PICTURE IT**



**OPPORTUNITY**

**THINK FROM ...**

**THINK IT**



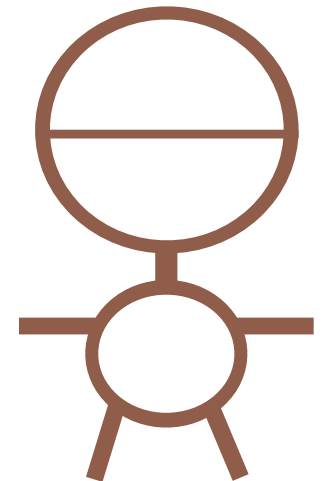
**HOW YOU CAN**



Instead of



**WHY YOU CAN'T**





**ACTUALITY**

**DO IT !**

*SUCCESSFUL PEOPLE...*

“FORM THE **HABIT** OF  
DOING THINGS THAT  
FAILURES **DON'T LIKE** TO DO”

ALBERT E.N. GRAY

# SUCCESS SUMMARY

1. **IMAGINE** YOUR GOAL

2. **THINK** OF HOW YOU CAN

3. MAKE **ACTION** A HABIT



WRITE  
YOUR  
GOAL



READ IT  
EVERY  
DAY





# PARADIGM SHIFT

## WEBINAR



[www.StuartDoughtyMindset.com/DOWNLOADS](http://www.StuartDoughtyMindset.com/DOWNLOADS)



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